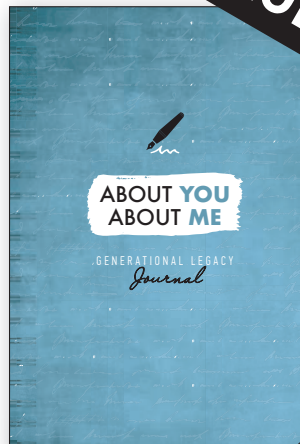


SAMPLE PAGES



# ABOUT YOU ABOUT ME

## GENERATIONAL LEGACY *Journal*



Everyone loves a good story. Your attention, reflection, and notation in these pages pull back the curtain to reveal not one but two lives in powerful ways.

Deuteronomy 6 directs us to write reminders on doorposts, causing our kids to contemplate the values of our homes. The five sections of the journal move from curiosities to the milestones, drawing them in to learn from your memories, insights, and encouragement. All the while, they intentionally bump into Scripture and your faith values in non-threatening ways. Your kids and grandkids will revisit these pages often, discovering their legacy. You might be tempted to just fill in the facts, but don't be afraid to express your emotions. Journaling comes from your mind but should be expressed through your heart. Let your journey of journaling *About You, About Me* begin.

Because Generations Matter,

Ron Hunter Jr.

Husband, Father & Granddaddy

Psalm 78:6



### ABOUT ME

(left side)

tells the story of the parent  
or grandparent.

### ABOUT YOU

(right side)

tells the story of the child  
or grandchild.

# ABOUT ME

## FAVORITES

Color:

Number:

Fruit:

Food:

Vegetable:

Meal:

Drink:

Candy:

Dessert:

# ABOUT YOU

## FAVORITES

Color:

Number:

Fruit:

Food:

Vegetable:

Meal:

Drink:

Candy:

Dessert:

## ABOUT ME

**If I could go back, here is what I would tell  
my 17-year-old self . . .**



## ABOUT **YOU**

If I could make **one suggestion** for you  
looking ahead, it would be . . .





**My favorite character in the Bible is \_\_\_\_\_  
and here's why . . .**



**Let me tell you **which person** in the Bible  
you remind me of . . .**

**TELL YOUR STORY—ABOUT ME.**  
**TELL THEIR STORY—ABOUT YOU.**

Not only will your answers be special, but seeing your handwriting will be equally valued. Kids don't see much handwriting today; that alone makes journaling unique. In a day when most communications appear on a screen only to drop off in the barrage of future pithy messages, this journal will lock in your words, remaining a keepsake.

*Your words expressing your soul in your unique handwriting will touch their hearts.* You will want to remind your child of significant family connections. You can reframe some of their memories with a new perspective. You might need to apologize for a wounded heart. You can inspire needed confidence. *Overall, make it your goal to connect to their hearts, reinforce values, highlight their God-given identity, and show how much you love them.*



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