



# ROYAL BY BLOOD

Beholding Your Identity in Christ

Jennifer Johnson

LEADER'S GUIDE



“COME NEAR TO GOD AND  
HE WILL COME NEAR TO YOU.” JAMES 4:8

This guide is designed to aid you, a female facilitator, as you diligently lead a group of young ladies through the Bible study *Royal by Blood*. Thank you for your servant’s heart and for allowing God to use you to be a blessing in the lives of the young ladies God brings to your group. God sees your passion and compassion for this generation of young ladies to know Him more intimately and to make Him known. Thank you for joining me in the ministry of girl’s hearts through the power of the Holy Spirit. As God Himself has intimately ministered to me through the pages of *Royal by Blood*, I pray God will minister to you.

I desire for you to put your personality into leading your group of girls. This leader’s guide is here to help you—not to tell you what to say. As you spend time in God’s Word and in prayer for each girl, God will give you the words to say through the Holy Spirit. This is your time to seriously listen to each girl’s heart and to lovingly respond. You are not required to teach, but to review what the girls learned in the course of the week’s study and to encourage them in their relationship with their King. I cannot emphasize enough that your main responsibility is to listen. As you provide a safe, non-judgmental, non-condemning, loving atmosphere, the girls will want to be heard.

*Jennifer Johnson*

## PRACTICAL INSIGHTS FOR GROUP DISCUSSION

- Plan how to best utilize your time, and let the girls know in advance your schedule.
- Expect the girls to participate in the Bible study by completing their weekly studies. During group time, two questions from each day's study will be asked and discussed. No one will have a "wrong answer"; all answers will be welcomed. As a facilitator, if a girl's answer needs some correcting please do so in the kindest and gentlest way.
- Let the girls know you care for them and are interested in their daily lives. Prayer should consist of praying for God to bless and minister during this time as you all are together and through personal study at home. Limiting prayer requests is necessary because it conveys the message that this short time together as a group is dedicated to the study of the Bible. Let the girls understand the importance of prayer and that you will be more than happy to pray with anyone after class. You might also pass out index cards and have the girls write down a prayer request for the week on it, then hand them out randomly when class is over for the girls to pray over during the week.
- This is not the time to introduce a new topic or to "chase a rabbit." Each girl has sacrificed to be a part of the group time, and has spent quality time on the material in the book. Reinforce what they have been learning and studying. Review the Scriptures and ideas and concepts God taught them throughout their alone times in God's Word.
- Be prepared by completing the week's study.
- Begin in prayer and end in prayer.
- Begin and end on time.
- Play music that the girls would enjoy in the background as they arrive.
- Arrange chairs in a circle or semicircle.
- Group girls according to school age and have no more than 15 per group.
- Use nametags.
- Make an attendance sheet including the girl's name, school, phone number, and email.
- Before each session pray for the Lord to fill you with the Holy Spirit and for His will to be done in the lives of His princess daughters.
- Use the time as the girls are arriving and before class begins with an icebreaker, such as a game or a short social time.
- Your time will go by very quickly, especially if you have less than an hour. When discussing the questions from each day's study spend approximately 3-4 minutes per question.
- Remember you are a role model for these girls. Spending this quality time with them is more valuable than you can imagine. Your presence validates their importance to God and to you. They will probably remember your leadership and encouragement above anything they read in *Royal by Blood*.
- As a leader/facilitator you are fulfilling a biblical role (Titus 2:4).

## INTRODUCTORY GROUP SESSION

1. Welcome each girl with a smile. Greet them by name or ask for their name and introduce yourself. Thank them for coming.
2. Direct them to fill out the attendance sheet. Give them a copy of *Royal by Blood* Bible study.
3. Open with a word of prayer.
4. Introduce yourself by sharing about your family, your interests, and why you wanted to lead this group.
5. Invite each girl to introduce herself by sharing about her family, extracurricular activities/hobbies, and why she wanted to be a part of this study.
6. Explain the structure of this group study and what you hope to accomplish in your time together. Other information may include:
  - A. Keeping prayer requests limited to praying for the class time and individual study time.
  - B. Explaining that time will be spent at home on daily studies. Even if they have not completed the lessons, let them know that they will still gain from coming to the group time.
  - C. Beginning and ending on time.
  - D. Being available to talk to anyone after class. Offer your phone number and email address if you like.
  - E. This is a unique time to come together just as females. There is more freedom in discussions.
7. Emphasize the importance of the small-group time:
  - A. Accountability
  - B. Understanding weekly studies
  - C. Application of biblical truths on a personal level
  - D. Uniting as Christian girls with same goals
  - E. What is said in the group will remain confidential
8. Have several volunteers take turns reading the Introduction page out loud.
9. Allow the girls to scan through the book noticing the length of one day's study. One day's study should take around 20 minutes to complete.
10. Ask for any questions.
11. Close in prayer.
12. Thank the girls again for coming. Let them know you look forward to seeing them next week and that you will be in prayer for them.



## WEEK ONE: ETERNITY IN OUR HEART

1. Welcome the girls by name. Check their name off the attendance sheet.
2. Begin on time by opening in a word of prayer.
3. Thank the girls for making this time a priority in their lives.
4. Ask the girls in general how they liked the first week of the study and about how long it took them to complete one day's study.
5. Commend those who completed their weekly study and encourage those who did not.
6. Begin the week's study.

### Day 1

Invite someone to read today's Scripture.

*Question 1:* Have you ever dreamed of being famous? In what area would you want to be famous?

*Question 2:* According to Luke 22:26, what two attributes did Jesus tell the disciples they needed if they truly wanted to be great? How do these two attributes make us great even in today's generation?

### Day 2

Invite someone to read today's Scripture.

*Question 1:* According to the following verses, how are we changed after receiving Christ into our hearts? (2 Corinthians 5:17; Romans 8:15,16; Ephesians 2:4) What do these truths mean to you personally?

*Question 2:* Compare 1 Peter 2:9 to Exodus 19:5, 6. How are the names God called the Old Testament Israelites like those He called the New Testament believers? Which name means the most to you in this specific time of your relationship with your King?

### Day 3

Invite someone to read today's Scripture.

*Question 1:* Match the name of God to the correct verse. Was there a name that surprised you? (Answers: Prince – Acts 5:31, King – Psalm 47:7, Faithful and True – Revelation 19:11, Lover – Song of Songs 5:10, Husband – Isaiah 54:5, Bridegroom – Matthew 25:6)

*Question 2:* Do you have a special place where you meet daily with the Lord? Is there a specific way He has ministered to you?

#### **Day 4**

Invite someone to read today's Scripture.

*Question 1:* How differently would you see yourself if you wholeheartedly believed you were holy to the Lord, meaning your mind, body, spirit, and soul were all good?

*Question 2:* Fill in the blanks to Isaiah 61:10 —“I delight greatly in the LORD; my soul rejoices in my God. For he has clothed me with garments of salvation and arrayed me in a robe of righteousness, as a bridegroom adorns his head like a priest, and as a bride adorns herself with her jewels.”

Now would be an excellent time to mention that if anyone has not yet received Jesus that today would be a perfect day to do so. Let them know you are available to talk any time and would delight in telling them more about Jesus' love for them.

#### **Day 5:**

Invite someone to read today's Scripture.

*Question 1:* Have four volunteers fill in the blanks to the following verses:

Revelation 5:10—“You have made them to be a kingdom and priests to serve our God, and they will reign on the earth.”

Hebrews 9:14—“How much more, then, will the blood of Christ, who through eternal Spirit offered himself unblemished to God, cleanse our conscience from acts that lead to death, so that we may serve the living God.”

Luke 1:38—“I am the Lord's servant”, Mary answered. ‘May it be to me as you have said.’ Then the angel left her.”

Matthew 20:28—“Just as the Son of Man did not come to be a servant, but to serve, and to give his life as a ransom for many.”

*Question 2:* If you do serve your church or community, in what way(s) do you help others? How did you get started serving in this way?

7. If time permits, ask if there was a day or question that meant a lot to them. Ask if any had questions pertaining to the week's study. Use this time to make sure the girls comprehended the material.

8. Ask: “What does the title *Royal by Blood* mean to you now?”

9. Close in prayer.

10. Thank the girls for their participation. Remind them to complete Week Two. (They have 7 days to do 5 days of study.)



## WEEK TWO: GRACIOUS SPEECH

1. Welcome the beautiful princesses by name. Let them feel welcome by your beautiful princess smile. Check their name off the attendance sheet.
2. Begin on time with prayer.
3. Commend those who completed the week's study and encourage those who did not.
4. Begin the week's study.

### Day 1

Invite someone to read today's Scripture.

*Question 1:* What were you told from your parents or caregivers in regard to what you were to say or not to say to a sibling? Did you listen and obey your parents or caregivers?

*Question 2:* In your own words, what is God telling us as a princess in Matthew 5:43-47 and Luke 6:27, 28? How can you apply these truths in a current relationship?

### Day 2

Invite someone to read today's Scripture.

*Question 1:* Have volunteers say what they recorded as the phrase surrounding the word *power* in the five different Scriptures listed on page 29. What did they personally learn about "power"?

*Question 2:* What was the Ethiopian's response to Philip's question recorded in Acts 8:31? Does his response motivate you even more to want to tell others about Jesus?

### Day 3

Invite someone to read today's Scripture.

*Question 1:* Name a time you knew without a shadow of doubt God heard you. How did it comfort you?

*Question 2:* Did you have an opportunity this week to comfort someone else? How did God speak through you?

### Day 4

Invite someone to read today's Scripture.

*Question 1:* Who are some of your favorite Christian musicians?

*Question 2:* Can you think of a time God ministered personally to you that caused you to rejoice through song? Describe your time with the Lord.

## Day 5

Invite someone to read today's Scripture.

*Question 1:* What does God want to do with the curse?

*Question 2:* What do we do with the curse?

5. If time permits, ask if there was a day or question that meant a lot to them. Ask for any questions pertaining to the study.
6. Invite someone to close in prayer.
7. Thank the girls for coming. Let them know you will be in prayer for them this week.



## WEEK THREE: LIVING LIFE WITH A RIGHT PERSPECTIVE

1. Welcome your princesses by name. Tell them you are glad they were born in *this* generation. Check their name off the attendance sheet.
2. Begin on time with prayer.
3. Commend those who completed their week's study and encourage those who did not. Even if they did not complete any part of the study let them know you appreciate them being a part of the group time.
4. Begin the week's study.

## Day 1

Invite someone to read today's Scripture.

*Question 1:* What did you list to describe heaven?

*Question 2:* Have volunteers give the answer for what was preached and the subsequent action for the following verses: Matthew 4:23, Matthew 9:35 and Matthew 10:7. What do these verses have to do with the kingdom of God?

## Day 2

Invite someone to read today's Scripture.

*Question 1:* Have volunteers read the following verses (Psalm 139:13-16, Jeremiah 1:5, Acts 17:26, 27) and discuss God's involvement in the beginning of life. Also, what was their favorite part of the Scriptures?



*Question 2:* Have a volunteer read John 10:10. What specific lies does Satan want you to believe about yourself?

### **Day 3**

Invite someone to read today's Scripture.

*Question 1:* In your own words, what does Joshua 1:8 say?

*Question 2:* What are some things that help you "do" according to God's Word? What is the job of the Holy Spirit according to John 14:26?

### **Day 4**

Invite someone to read today's Scripture.

*Question 1:* Have a volunteer say all the different adjectives and phrases David used to describe God's Holy Word from Psalm 19:7-10. Invite someone to say a time one of these adjectives or phrases was true for her as she read God's Word.

*Question 2:* What are some reasons it is hard to do what God commands?

### **Day 5**

Invite someone to read today's Scripture.

*Question 1:* Have a volunteer read Isaiah 55:1-3. How many times does God say the word *come*? What emotions does His invitation cause in you?

*Question 2:* What two actions do we need to take in finding the Lord according to Isaiah 55:6?

5. If time permits, ask if there was a day or question that meant a lot to them. Ask for any questions pertaining to the study.
6. Express your gratitude for them being a part of this study; remind them that they are half-way finished!
7. Invite someone to dismiss in prayer.
8. Let them know that Week Four's study is very personal and important. Encourage them to complete the week's study even if they have yet to complete the other weeks.



## WEEK FOUR: ABOUNDING IN LOVE

(Leader: This week's study is extremely personal. Some girls struggle deeply with self-hate while some do not. For those girls who need more ministry, let them know you can talk after class or even another night of the week. Please be sensitive to the needs of all the girls. One girl in particular may try to dominate the entire class time with her problem. Yes, her problems are worth helping, but let it be at an appropriate time. Then there are the quiet ones who also have a lot of problems but keep it all inside. You may want to make a special effort to reach out to the ones who do not know how to say what they are thinking and feeling. Pray that you will be filled with the Holy Spirit and that He will minister healing through you.)

1. Greet each princess by name. Check their name off the attendance sheet.
2. Begin on time with prayer.
3. Let the group know you understand how personal this week's study was. Let them also know that this is not the time to try to apply the lessons to "someone else," but that God has something to say to each of you.
4. Begin the lesson.

### Day 1

Invite someone to read today's Scripture.

*Question 1:* What one thing do the following verses have in common? Isaiah 44:20, Jeremiah 7:8, and Jeremiah 8:5

*Question 2:* Pick a specific destructive behavior and list lies associated with it. Have a volunteer read Jeremiah 33:6-9

### Day 2

Invite someone to read today's Scripture.

*Question 1:* What do you think Satan wants to accomplish by lying to us to get us not to love ourselves?

*Question 2:* If we don't love ourselves how does that affect our love for others?

### Day 3

Invite someone to read today's Scripture.

*Question 1:* According to these verses why is it impossible for you to stop on your own? (Psalm 14:2, 3, Psalm 51:5 and Jeremiah 13:23)

*Question 2:* What did you learn from Romans 4:25 and Romans 5:19?

#### **Day 4**

Invite someone to read today's Scripture.

*Question 1:* According to 2 Samuel 19:5, 6, in your own words what did Joab need David to know?

*Question 2:* Give examples of things or people we can "love" that are our enemies, and things or people we hate that actually love us or are good for us.

#### **Day 5**

Invite someone to read today's Scripture.

*Question 1:* What are some of the movies that end with the scenario of a man and woman falling in love then supposedly living happily ever after?

*Question 2:* What are the names given to the Beloved in Song of Solomon chapters 2 and 4?

Have a volunteer read Revelation 19:11-16 and Revelation 21:1-5.

5. Ask for any testimonies of God working in their life this week.
6. Thank the girls for their participation, and let them know how proud you are of them.
7. Spend some extra time in prayer for each girl. You might want to suggest each girl pray for the girl sitting to her right during the week.



### **WEEK FIVE: AN INCREASED FAITH**

1. Greet each princess by name and let them know you are looking forward to your time together. Check their name off the attendance sheet.
2. Begin on time with a word of prayer.
3. Ask the girls how their week went.
4. Begin the lesson.

#### **Day 1**

Invite someone to read today's Scripture.

*Question 1:* According to Matthew 6:14,15, what do we need to believe about God and our sin? What do we have to believe will happen when we choose to forgive someone (John 20:23)?

*Question 2:* Like the disciples, we, too, may doubt we are even capable of that type of forgiveness. How does faith play a part in Philippians 4:13?

### **Day 2**

Invite someone to read today's Scripture.

*Question 1:* Can you think of a time God provided for your family supernaturally?

*Question 2:* If the disciples had learned from the incident with the loaves, would their reaction to the wind and seeing Jesus walk on the water have been different? How?

### **Day 3**

Invite someone to read today's Scripture.

*Question 1:* Describe a hardened heart.

*Question 2:* Looking at Ezekiel 11:20, after God gives us a heart of flesh what are we told to do? Why do you think obeying God's Word is important in context of giving us a heart of flesh?

### **Day 4**

Invite someone to read today's Scripture.

*Question 1:* What is your favorite verse in Mark 5:21-34? Explain why it is special to you.

*Question 2:* Have you had a prayer answered in the affirmative "immediately"? If so, how did that affect your faith in God?

### **Day 5**

Invite someone to read today's Scripture.

*Question 1:* Without looking in your Bible, name as many promises of God you can remember.

*Question 2:* Looking at the Greek definition for faith, does Abraham's faith in God fit the definition? How?

5. Compliment the girls on their hard work. Encourage them by reminding them that their work is not in vain in the Lord.
6. Encourage them also by telling them that next week is the final week of *Royal by Blood*.
7. Invite someone to close in prayer.



## WEEK SIX: BEING PURE

(Leader: This week's subject is obviously a serious and sensitive topic. The girls need to talk about their sexuality in a safe environment. I believe they want to talk about it. This is a great time for you to listen. This is not the time to confess your mistakes or to be prideful about your integrity. Now is also a great time to stick to the material in the study. Watch the expression and body language of the girls as they discuss the questions—you can learn a lot about what is going on internally with them. Satan will want to turn this time into a condemning and shameful time, but God wants to turn it into a cleansing and beautifying, God-glorifying time. End on a positive note and give God all the glory.)

1. Greet each girl by name. Check their name off the attendance sheet.
2. Begin on time with a word of prayer.
3. Let the group know what a blessing each one has been to you and that you will continue to pray for them.
4. Begin the lesson.

### Day 1

Invite someone to read today's Scripture.

*Question 1:* Is the concept new to you that you are pure in Christ? We do not have to work to receive purity from Christ. Our responsibility is to protect our purity.

*Question 2:* What did you add to the list of "Do" and "Don't"?

### Day 2

Invite someone to read today's Scripture.

*Question 1:* What does it mean to you that your body is the temple of God?

*Question 2:* Fill in the blanks to 2 Corinthians 7:1. "Since we have these promises dear friends; let us purify ourselves from everything that contaminates body and spirit perfecting holiness out of reverence for God." Ask the girls if they need to make a change in their life to "purify" themselves. Have a time of silence to think and pray.

### Day 3

Invite someone to read today's Scripture.

*Question 1:* Does knowing your body is the temple of God mean more to you now?

*Question 2:* How do you personally maintain your purity?

#### **Day 4**

Invite someone to read today's Scripture.

*Question 1:* According to 2 Corinthians 11:3 can a person who genuinely serves God be deceived?

*Question 2:* What verses apply to each of the five senses from Proverbs 7?

#### **Day 5**

Invite someone to read today's Scripture.

*Question 1:* How does Jennifer's story exemplify Acts 10:15?

*Question 2:* How did God speak to you through the story of her girls?

5. If time permits allow for testimonies of how God has been working in their lives over the past 6 weeks.
6. Conclude with encouraging remarks and a closing prayer.